

## **No Ordinary Life: Parenting the Sexually Abused Child and Adolescent by Sandra L. Knauer, L.C.S.W.**

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### **Book Description**

No Ordinary Life: Parenting the Sexually Abused Child and Adolescent was written for parents, caregivers, survivors of abuse, counselors, and therapists to understand the special needs of the population of sexually abused children. It will help caregivers especially to establish appropriate expectations and sexual boundaries of the young people in their care. This book includes topic-specific subjects such as identifying the signs of sexual abuse in children; what to do when abuse is suspected or disclosed; how to deal with eating disorders, self-mutilation, and acting out behaviors; and disciplining the abused child or adolescent. There are also chapters speaking directly to adult survivors of sexual abuse that deal with healing from past abuse, ways to break the family cycle of incest, and how to start a survivor<sup>1</sup>s group. Sandra Knauer offers hopefulness for healing in families suffering with abuse issues and treating sexual abuse in a multigenerational setting.